

The White Horse Challenge Fits the Bill

For many people January is a time for reflecting on the past and making plans for the future, often taking shape as a new year's resolution.

Personal fitness is usually high on the agenda for a huge amount of people, maybe you can relate to this? Well, you are not alone in your quest for a healthier lifestyle. Statistics show that more than 60% of people don't get the recommended amount of physical activity.

It always helps to have a goal, a focus for your efforts, so what better way than setting your sights on the White Horse Challenge.

You could add to the £45,000 we have already raised for the Wiltshire Air Ambulance over the last four years. These are vital funds for a service that relies completely on public support to raise the £500,000 needed every year to keep the air ambulance flying.

The event is organised by four local businesses, Monahans Chartered Accountants, Rygor Commercials, Lawn Tender and Premier Training.

There are various options for you to participate in so whether you are a hardened walker, a family looking for a beautiful afternoon stroll, or somewhere in-between, it will definitely appeal.

What better way of achieving your goals with the added satisfaction of contributing to such a worthwhile cause?

For more information or to register for the challenge please call the Monahans marketing team on (01225) 785520, email us on marketing@monahans.co.uk or visit www.whitehorsechallenge2010.co.uk

Monahans

Monahans is a leading firm of Chartered Accountants and Independent Financial Advisers in the West of England.

Monahans has offices in Bath, Swindon, Chippenham, Trowbridge and Glastonbury. Each delivers core accountancy services as well as providing additional specialised services aimed at owner-managed businesses and private individuals. These services include Human Resources, IT and Strategic Business Improvement in conjunction with General Commercial Advice and Financial Services which are tailored to meet the requirements of each client.

Monahans success comes from the friendly down to earth relationships built with all clients, the extensive portfolio of products and services offered, and the desire for constant improvement to ensure they always respond to their clients needs.

For more information please visit the Monahans website: www.monahans.co.uk or call 01225 785520.

Ends

For further information please contact:
Distributed

Zoe Meaden

Marketing Assistant

Monahans

Telephone: 01225 785520

e-mail: zoem@monahans.co.uk

marketing@monahans.co.uk