



Coast to Coast Mountain Bike Challenge

STARTING AT

Conwy and the finish line will be at Swansea

ALL IN AID OF

THE WILTSHIRE AIR AMBULANCE APPEAL

ON

DATE 28th May 2010 – 31st May 2010

Bob Hendy and Martin Weaver are setting themselves a challenge to ride their mountain bikes from North Wales to South Wales covering a distance of approximately **220 miles**.

The course is mainly across mountains and forest tracks, which they anticipate to complete in 4 days. This will be broken down into an average of 10– 12 hours a day in the saddle!

Bob and Martin are attempting this challenge to raise money for TheWiltshire Air Ambulance that attended a road traffic accident in which Bob's son Mark tragically died.

Details for Bob and Martin's fund raising ride will be available at www.justgiving.com from March, where you will be able to sponsor Bob and Martin by entering the above website.

For more details please contact Melanie Gee at the Wiltshire Air Ambulance Appeal on 0845 122 123 or visit our website www.wiltshireairambulance.co.uk

The **Wiltshire Air Ambulance** is not government funded, nor does it qualify for National Lottery Funding. It is purely down to the goodwill of the people of Wiltshire who have kept the helicopter flying for these past years.

WITHOUT YOU WE ARE GROUNDED!

Thank you for your support.

For reservations contact:

Bob Hendy Tel: 01454 321 862